



Steinburg Relationship Survey

In each blank place your partners name along with an “N” for Not at all
“M” for Moderately
“E” for Extremely.

Example:

1. I am actively supportive of Robert 's well-being M.

Intimacy

1. I am actively supportive of _____ 's well-being ____.
2. I have a warm relationship with _____.
3. I am able to count on _____ in times of need ____.
4. _____ is able to count on me in times of need ____.
5. I am willing to share myself and my possessions with _____.
6. I receive considerable emotional support from _____.
7. I give considerable emotional support to _____.
8. I communicate well with _____.
9. I value _____ greatly in my life ____.
10. I feel close to _____.
11. I have a comfortable relationship with _____.
12. I feel that I really understand _____.
13. I feel that _____ really understands me ____.
14. I feel that I can really trust _____.
15. I share deeply personal information about myself with _____.

Passion

16. Just seeing _____ excites me ____.
17. I find myself thinking about _____ frequently during the day ____.
18. My relationship with _____ is very romantic ____.
19. I find _____ to be very personally attractive ____.
20. I idealize _____.
21. I cannot imagine another person making me as happy as _____ does ____.

22. I would rather be with _____ than with anyone else ____.
23. There is nothing more important to me than my relationship with _____.
24. I especially like physical contact with _____.
25. There is something almost “magical” about my relationship with _____.
26. I adore _____.
27. I cannot imagine life without _____.
28. My relationship with _____ is passionate ____.
29. When I see romantic movies or read romantic books I think of _____.
30. I fantasize about _____.

Commitment

31. I know that I care about _____.
32. I am committed to maintaining my relationship with _____.
33. Because of my commitment to _____, I would not let other people come between us ____.
34. I have confidence in the stability of my relationship with _____.
35. I could not let anything get in the way of my commitment to _____.
36. I expect my love for _____ to last for the rest of my life ____.
37. I will always have a strong responsibility for _____.
38. I view my commitment to _____ as a solid one ____.
39. I cannot imagine ending my relationship with _____.
40. I am certain of my love for _____.
41. I view my relationship with _____ as permanent ____.
42. I view my relationship with _____ as a good decision. ____
43. I feel a sense of responsibility toward _____.
44. I plan to continue in my relationship with _____.
45. Even when _____ is hard to deal with, I remain committed to our relationship ____.